

Isolation vs. Quarantine: What's the Difference?

Quarantine is used to keep someone *who might have been exposed to COVID-19* away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department. Under normal circumstances, if anyone in a household has tested positive, all members of that household need to quarantine.

Isolation is used to separate people infected with SARS-CoV-2, the virus that causes COVID-19, from people who are not infected. People who are in isolation should stay home until it's safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific "sick room" or area and using a separate bathroom (if available).

Visit this link for more information regarding when to quarantine:

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>