

MITCHELL LUNCH MENU

MIDDLE SCHOOL

SEPTEMBER 2021



****All meals come with choice of Milk and Garden Bar**

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		Chicken Tenders OR Chicken Fried Steak	Mini Corn Dogs w/ Mac & Cheese OR	4 Cheese Pizza OR Garlic Cheese French Bread w/ Marinara Sauce
		Mashed Potatoes w/ Gravy	Tangerine Chicken Lo Mein	Carrots
		Green Beans	Cauliflower	Pear
		Peaches	Apple	
		*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
	Fiestada Pizza OR Mini Tacos w/ Cheese	Chicken Alfredo Penne Pasta OR Mac & Cheese	Fish Nuggets OR Hot Italian Sandwich	Meat-Lovers Pizza OR Stuffed Crust Cheese Pizza
NO SCHOOL	Cauliflower	Broccoli	French Fries	Carrots
	Refried Beans	Mini Garlic Toast	Pineapple	Peaches
LABOR DAY	Mandarin Oranges	Pear		
	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH
Monday 13	Tuesday 14	Wednesday 15	Thursday 16 th	Friday 17 th
Mr. Ribb w/ Mac & Cheese OR Sriracha Chicken Lo Mein	Softshell Taco OR Walking Taco	Chicken Nuggets OR Meatballs	Hamburger w/ Bun OR Roast Beef Sandwich	4 Cheese Pizza or Cheese sticks w/ Marinara Sauce
Carrots	Fiesta Beans	Mashed Potatoes w/ Gravy	Cheesy Hashbrown Bites	Carrots
Apple	Mixed Fruit	Corn	Green Beans	Peaches
*GRAB N GO LUNCH	Churro	Orange	Banana	
	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Hot Dog w/ Bun OR Shrimp Poppers	Taco Burger OR Fiestada Pizza	Chicken Fried Steak OR Pork Fritter	BBQ Meatballs OR Chicken Tenders	Garlic Cheese French Bread Pizza w/ Marinara Sauce OR Buffalo Chicken Pizza
Curly Fries	Refried Beans	Mashed Potatoes w/ Gravy	Mac & Cheese	Celery
Apple	Pineapple	Broccoli	Carrots	Mixed Fruit
		Pear	Banana	
			Graham Treat	
*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH
Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday
Roast Beef Sandwich OR Hot Ham & Cheese Sandwich	Super Nachos OR Soft Shell Taco	Chicken Patty w/ Bun OR Sloppy Joe Sandwich	French Toast Sticks OR Breakfast Burrito	
Curly Fries	Fiesta Beans	Chips	Tater Tots	
Cauliflower	Peaches	Green Beans	Sausage Patty	
Mandarin Oranges		Pineapple	Applesauce	
			Juice Box	
*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	*GRAB N GO LUNCH	

¹***Menu is subject to change.** In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint discrimination, write, USDA, Director of Civil Rights, 1400 Independence Avenue S.W., or call (800)798-3272 (voice) or (202)720-6382(TTY). USDA is an equal opportunity provider and employer.