

Extracurricular Activities Plan

Mitchell School District 17-2

Spring, 2020-21

Introduction: The research on and student experience of extracurricular activities—sports, fine arts, forensics, academic competitions, etc.—demonstrate the critical value of such programming to the educational program and students of every school. As such, the Mitchell School District, just as it is committed to providing its educational program in the best manner possible, with students physically in school buildings, is also dedicated to offering its regular extracurricular programming for the benefits of the young people it serves.

South Dakota High School Activities Association Board Document on Spring Sports/Activities: The SDHSAA Board of Directors passed a set of recommendations for sport and activity seasons for the spring season of 2020-21, in response to the COVID-19 pandemic. The Mitchell School District plan is not intended to revisit this previously traveled ground but to lay out general guidelines for how these will be implemented in this district in a clear, concise manner. The SDHSAA Recommendations and Rule Modifications shall be observed. Additionally, the following rules shall be in place for Mitchell activities.

Practices prior to the First Competitions/Performances of the Season: Though it is possible conditions could exist in any community which might preclude them, practices prior to the first performances/competitions of the season will be held as in past years. This is important for a number of reasons but ultimately because the training provided during these practices prevent student injuries in later competitions.

Screening protocols will be implemented before practices and competitions. These will be conducted on-site by district personnel and students manifesting symptoms will not be permitted to participate. Protocols to be followed are listed on the COVID-19 Participant/Coach Monitoring Form provided by the SDHSAA.

Extracurricular Events, Performances, and Competitions:

1. Screening Protocols:

- A.** For events/practices held before, during, or after the school day, screening protocols, as enumerated in Appendix B of the SDHSAA Sports/Activities Task Force Recommendations, shall be implemented by school personnel before the start of such events.
- B.** Participants identified through screening protocols as not eligible to participate in events/practices before the school day shall also be excluded from attending school that same day.

2. Spectators

- A. All spectators shall be required to wear masks at Mitchell home events. At away events, the regulations of the away district shall apply.
- B. To the extent spectators are permitted, regulation of such will be identical for home and visiting fans.
- C. The tier system described in the SDHSAA Document shall be implemented but adjusted somewhat for Mitchell home events:
 - In Tier 1, open attendance.
 - In Tier 2,
 - For Indoor Activities: The MHS student body will be permitted to attend. Additionally, each participant will be issued 4 vouchers to be used for fans of their choosing. Staff members of the relevant school shall also be permitted to attend.
 - For Outdoor Activities: since traditional attendance numbers would allow for adequate social distancing, open attendance will be allowed. Should such numbers become large enough to not allow social distancing, the Activities Director in conversation with the Superintendent of Schools, may revert that and similar activities to the procedures for Indoor Activities.
 - In Tier 3, the MHS students will be permitted to attend. Beyond this, only parents/step-parents/guardians of participants and staff members of the relevant school will be permitted to attend.
 - In Tier 4, no fans.

Tier decisions will be made by the Activities Director, in conversation with the superintendent of schools, three days before each event in order to allow for logistics. However, changes may be made to the tier system up to the point of spectators entering the facility for the event. It is worth noting that, during the fall and winter seasons of 2020-21, the District remained in Tier 2 throughout.

- 3. After-Contest Protocol: Once a contest or event is concluded, event officials shall take steps to quickly remove participants from the venue and expedite, within reason, the departure of all fans from the area. After-contest 'mingling' shall be actively discouraged.
- 4. Transportation: Under normal circumstances, participants are required to ride on school-provided transportation to events, with occasional exceptions made for exigent circumstances. During the pandemic, however the length of which is eventually defined, all requests from parents to ride with parents to events shall be approved. Requests to ride with people other than parents, unless exigent circumstances occur, shall not be approved.

Scheduling/Rescheduling Events: Guidelines set down in the SDHSAA recommendations shall be observed. Mitchell School District officials shall not seek 'forfeits' from other schools when events are cancelled by those other schools for reasons related to COVID-19.

Individual Sports/Activities: All mandatory modifications, as set forth in the SDHSAA document shall be observed. Activities Director Cory Aadland, in consultation with the Central Office and school building administrators as well as coaches/sponsors, shall implement such optional modification as he deems appropriate.

COVID-19 Guidance from the South Dakota Department of Health for food concession stands for schools and temporary events shall be observed whenever possible.

This plan shall be modified as circumstances require.



South Dakota High School Activities Association

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SDHSAA Spring Sports/Activities Task Force Recommendations January 2021

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SDHSAA Board of Directors

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Athletic Directors

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Chuck Wilson- Todd County	Julie Eppard- Chester Area
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SDHSAA- Serving Students Since 1905

Board Chairperson – Mr. Craig Cassens	Executive Director – Dr. Daniel Swartos
Assistant Director – Ms. Jo Auch	Assistant Director – Dr. John Krogstrand
Assistant Director – Mr. Brooks Bowman	Finance Director – Mr. Ryan Mikkelsen

Guiding Principles:

1. A return to sports/activities for regular season contests and state championships must be safe for athletes, coaches, officials, and fans.
2. The goal of the SDHSAA in 2020-21 should be to incorporate school-based sports and fine arts activities when practical and safe.
3. Standardized procedures should be in place at all schools for the screening of athletes and coaches. This procedure should also be followed by all officials and judges for contests.
4. Standardized protocols should be in place, in conjunction with the South Dakota Department of Health, at all schools regarding confirmed positive cases of rostered individuals, members of the coaching staff, and all officials and judges.
5. SDHSAA Policies should be in place regarding the re-scheduling of events, events to be deemed a “no contest”, and events to be deemed a “forfeit”.
6. The SDHSAA should offer guidance on issues that would normally be a matter of local control.

Principle #1 – Safety

- The NFHS has proposed rule modifications for all Spring sports. Recommendations from SDHSAA staff on those rule modifications fall under three categories- mandatory, optional, and impermissible. In addition to winter sports, proposed solutions for winter fine arts events have also been created.
- The NFHS Sports Medicine Advisory has released recommendations for classification of sports and fine arts activities in regards to contact and risk. Those categories are Low, Moderate, and High.
- Spring Sports:
 - Low Contact/Risk- Golf, Tennis, Track and Field
- Winter Fine Arts:
 - Moderate Risk (depending on venue and mitigation)-
Chorus/Orchestra/Jazz Band/Band

Principle #2- Keeping Students Active and Involved

- The end of the school year, graduation, and contractual issues with coaches does not lend itself well to the lengthening of seasons in the Spring. Spring events should be completed as possible. There is potential to move into June with events, but that presents more issues than changes to fall or winter activities.
- Spring activities lost their state events in 2020. All possible options must be explored to conduct and complete these events as possible.

Principle #3- Screening Procedures

- All rostered individuals (athletes, managers, statisticians, coaching staff, cheerleaders) and other school personnel involved (bus drivers, etc) should be screened daily for CDC recommended indicators of COVID-19. **The COVID-19 Monitoring Form Response Guide, on page 2 of the SDHSAA Monitoring Form, will be used to determine positive responses to screening questions.**
- Depending upon school policies, screening for fever may be done at the school or at home.
- All contest officials and judges will self-screen the day of the contest and report to site host administrator. Any individuals with unexplained positive responses must not be allowed to officiate/judge until they follow guidance from the Monitoring Form Response Guide.
- Athletes, participants, coaches, and officials who are in a vulnerable population should take extra precaution and visit with their physician about participation, particularly in sports/activities that do not allow for consistent social distancing.

Principle #4- Protocol for Confirmed Close Contact and Positive Cases

- **ALL indications of positive cases and confirmed close contact (within 6 feet for at least 15 minutes of time starting two days prior to symptom onset) must come through the school or the South Dakota Department of Health.**
- Any Department of Health verified close contact (student/coach/official/judge/team personnel) is recommended to follow SDDOH guidelines. Currently, those guidelines recommend a 10-day quarantine from the date of last contact away from school and daily screening of symptoms, OR a 7-day quarantine if a negative test is performed on day 5 or later of quarantine, no symptoms of COVID-19 develop, AND the individual self-monitors for symptoms for an additional 7 days following release from quarantine. Schools have developed local policies regarding close contacts, and those guidelines will be honored by the SDHSAA, with the exception of policies directly called for in rules modifications.
- Any **PARTICIPANT** with a Department of Health verified positive case must satisfy the following requirements prior to returning to activities:
 - 14 days have passed since onset of symptoms, or if asymptomatic, 14 days from the date of the positive COVID-19 test.
 - Asymptomatic for at least the last 7 days of the 14-day period without the use of fever reducing medication
 - SDHSAA Return to play form must be completed by an approved health care provider (MD/DO/PAC/ARNP)
 - The approved health care provider completing the Return to Play form has the option to
 - a) Clear the individual for an immediate return to activity,

- b) clear the student pending a Graduated Return to Play Progression due to moderate or severe symptoms, or
 - c) Deny clearance to return to activity
- Non-Participants with a DOH verified positive case must follow CDC/SDDOH guidelines (currently 10 days since symptom onset, 24 hours asymptomatic without the use of fever-reducing medication) and receive DOH clearance prior to returning.
- Schools must notify the SDHSAA of any verified close contact or positive cases of rostered individuals via the SDHSAA School Zone. No personally identifiable information will be contained in the notification to the SDHSAA. All information will be treated in compliance with HIPAA and FERPA from the member school and the SDHSAA. Dr. Swartos from the SDHSAA will be part of the SDDOE/SDDOH School Response Team.

Principle #5- SDHSAA Policies

- Re-Scheduling Contests- The SDHSAA will assist teams as much as possible in working towards the satisfactory rescheduling of missed contests.
- “No Contest”- If a school has substantial spread of cases within their building such that they are forced to deliver instruction completely via distance learning, all efforts should be made to reschedule. If that is not possible, the contest will be declared a “no contest” for both teams. Similarly, if both teams agree not to play, but are not in a “shutdown”, in exceptional scenarios it could become a “no contest” with prior approval from SDHSAA.
- “Forfeit”- If a school decides on their own, without a school/district shutdown or without SDDOH recommendation, that they do not want to play a contest, the contest will be declared a “forfeit” with the team deciding not to play awarded a loss and the opposing team a win.
- Any post-season contests that are unable to be played will be considered a forfeit.
- The SDHSAA will act as a mediator and make final decisions as it pertains to forfeit and no contest determinations.

Principle #6- Benchmarks for Re-Evaluation

- The SDHSAA will work with this task force, in addition to the South Dakota Department of Health, throughout the Spring to determine if it is necessary to re-examine this document.

Principle #7- Other Guidance

- Schools should post guidance regarding social distancing and hygiene at their facility entrances and other high traffic areas of their facilities.
- Schools should encourage and support the use of masks by spectators.

- Schools should evaluate local conditions in determining restrictions on crowd size. **If fan attendance is allowed at a contest, fans from both/all teams involved should be allowed to attend in the same capacity deemed safe for home teams to attend.**
- Schools should consider using 7- or 14-day trends and other indicators of active cases, new cases, and hospitalizations in their District/County area to develop a tiered system for fan attendance, such as:

<u>TIER</u>	<u>Fan Attendance</u>	<u>Conditions</u>
Tier 1	Open attendance	Steady/Decreasing rates of community active cases, new cases, and hospitalizations.
Tier 2	Parents/Student Body Only	Slow/intermittent increase of community active cases, new cases, and hospitalizations. Isolated cases, no evidence of exposures in large communal settings.
Tier 3	Student Body or Parents Only	Steady/incremental increase of community active cases, new cases, and hospitalizations. Sustained increases, potential exposures in large communal settings.
Tier 4	No Fans	Sharp increase of community active cases, new cases, and/or hospitalizations WITHOUT concurrent increase of cases/contacts within the school setting. Confirmed exposures in large communal settings.

- If fan attendance is being limited, schools should consider using a pass system to control crowd sizes and limit build ups at the gate. In addition, any pass system should be extended to visiting teams and coordinated between athletic directors prior to the contest.
- **The SDHSAA encourages conferences and other like groups of schools to consider agreeing to similar attendance policies across the conference/like group to avoid confusion from fans.**
- **During bus travel to away contests and for transportation to practice for cooperative programs, schools should strongly consider assigned seating and mandating the use of cloth face masks by everyone on the bus to assist with contact tracing and potentially assist with the numbers confirmed close contact.**
- Schools should consider cashless transaction at the gates via a system like Huddle. Ticket takers and other event workers should be offered protective equipment such as masks and gloves.
- With the dramatic rise in streaming capabilities for contests, in addition to the NFHS Network offer of free Pixellot systems to every school, schools should evaluate their current streaming offerings and **actively encourage fans to self-screen and watch from home if exhibiting any symptoms. Similarly, schools should actively encourage those who are vulnerable to watch from home.**

- A joint SDDOH/SDHSAA set of recommendations for concession stands is attached to this document as **APPENDIX D**.
- Schools should evaluate their media areas and attempt to reconfigure to allow social distancing.
- Facility cleaning guidance for the summer/fall period should be continued throughout the school year.

FINAL RECOMMENDATIONS:

1. **At the November 24, 2020 meeting of the SDHSAA Board of Directors, the Board strongly recommended that schools implement mask use for anyone not participating in contests and for schools to develop a model to limit attendance at contests based on facility size for each contest. The Task Force recommends continuing that recommendation through the Spring Sports season.**
2. **The task force recommends that all SDHSAA-sanctioned Spring sports proceed with the attached rule modifications, in addition to screening procedures, Return to Play procedures, and the SDDOH guidelines for confirmed positive tests.**
3. **The Task Force recommends that All-State Band be held on the scheduled date with modifications and mitigation strategies outlined by SDHSAA Staff.**
4. **The Task Force recommends that All-State Jazz Band be held on the scheduled date with modifications and mitigation strategies outlined by SDHSAA Staff.**
5. **The Task Force recommends that SDHSAA Staff continue to look at the viability of holding the All-State Chorus and Orchestra event, to include exploring alternative options to limit the size of the event.**

References

Elliott, N., Martin, R., Heron, N., Elliott, J., Grimstead, D., & Biswas, A. (2020). Infographic. Graduated return to play guidance following COVID-19 infection. *British journal of sports medicine*, bjsports-2020-102637. Advance online publication. <https://doi.org/10.1136/bjsports-2020-102637>

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McGuine, T., Biese, K., Hetzel, S., Kliethermes, S., Reardon, C., & Bell, D. et al. (2020). The Impact of School Closures and Sport Cancellations on the Health of Wisconsin Adolescent Athletes. *University of Wisconsin School of Medicine and Public Health, Department of Orthopedics and Rehabilitation*. Madison, WI.

ADDITIONAL CONSIDERATIONS

1. Out-Of-State Open Enrollment Considerations:

- a. **North Dakota**: open enrollment allowed per the SDDOE agreement with North Dakota (border school can open enroll to any school).
- b. **Iowa**: open enrollment allowed per the SDDOE agreement with Iowa (districts must be adjoining and the physical location of the high school in South Dakota must be closer to the residence than the high school in Iowa)
- c. **Minnesota**: open enrollment allowed per SDCL 13-36-7 and 13-15-21 (both districts must be located on the border, request must be made prior to July 1st of the school year- in this case, July 1st, 2020). Current tuition agreements between districts and cooperative agreements between districts will be honored.
- d. **Nebraska, Wyoming, Montana, and all non-contiguous states**: No open enrollment allowed, must involve a bona fide move.

2. Playoff/Post-Season Changes

- a. **Track and Field- TBD, none at this time.**
- b. **Golf - TBD, none at this time.**
- c. **Tennis- TBD, none at this time.**



SDHSAA Spring 2020 Rule Modifications

Rule modifications are divided into three categories:

1. **Mandatory** = rule changes that must be followed until further advised
2. **Optional** = rules allowances that may be utilized if desired until further advised
3. **Impermissible** = items that are not allowed by SDHSAA rule

TRACK & FIELD

MANDATORY MODIFICATIONS	<ul style="list-style-type: none">• Awards: No awards ceremonies following events or the meet. Distribute awards directly from meet administration to coaches to provide to athletes. No draping of medals on competitors• No common distribution of water accessible to multiple parties.• Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests.• Spectators must not have access to athletes, and should be restricted to areas outside of the track, event facilities, training areas, team camps, starting and finish areas.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none">• For Students: Masks/face coverings may be worn. Each athlete should be required to bring their own water bottle.• Team Camp areas, if permitted, should be isolated from spectators or other non-essential personnel. Team camps should be only available to members of that specific team, and not a shared/common space.• Considerations should be made by meet management in regard to limiting entries, both in each event/heat as well as in numbers of teams and participants present. Given that track facilities and amenities differ from location to location, no singular rule can dictate what each venue may be able to accommodate.• Social Distancing should be considered at all field events and common gathering areas. Provide athletes ample space to remain 6' apart from one another while waiting/warming up, and relocate spectators as necessary to accommodate the change.

GOLF

MANDATORY MODIFICATIONS	<ul style="list-style-type: none">• Follow all rules published by the host course and USGA guidelines that are in place for spectators, competitors and coaches alike. This includes leaving the flagstick and hole-barrier in place if the course is using that system for regular season play.• No-Touch Scorecards shall be used as available. The USGA and Golf Genius have a tutorial to show how this can be provided free of charge through the USGA Tournament Management App on any mobile device with a data connection. Rules regarding illegal use of electronic devices will remain in place for competitors.• Fans/Spectators and Rules Officials shall maintain a 6' distance from all players throughout the round.• No Awards Ceremonies following play. Meet management shall distribute all awards to coaches, who will then present to the athletes. No draping of competitors in ribbons/medals.• No common distribution of water accessible to multiple parties.• Clean frequently touched areas, and provide ample hand sanitizer at all practices and contests.
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OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • Consider “putting through” or “uninterrupted putting” by players when on the green to allow for safer distancing as the golfers who are not up are able to remain distanced on/around the green. • Consider “Circle 10” option for scoring, where if a player exceeds 10 shots on a hole, they simply pick up. This allows for more consistent pace of play throughout events. • Athletes and coaches are allowed to wear masks/face coverings, and are invited to bring their own water bottle. • Galleries should be limited to “paths only” and keep 6’ of distance between themselves and others throughout the round.
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TENNIS

MANDATORY MODIFICATIONS	<ul style="list-style-type: none"> • Use numbered sets of tennis balls, with a different number for each competitor/doubles team, and only handle your numbered tennis balls. Clean balls with Lysol or Clorox. • Maintain social distancing as possible during play. Avoid fist bumps or handshakes prior to or following the contest. • Use your racquet or foot to move balls from your side to your opponent’s side. • Switch courtsides on opposite sides of the court. • Clean frequently touched objects and areas and provide ample hand sanitizer for athletes and coaches.
OPTIONAL MODIFICATIONS	<ul style="list-style-type: none"> • Strongly encourage athletes and coaches wear face masks/coverings when not actively participating in the contest. • Athletes should use their own water bottle.

Fine Arts Spring Events

All-State Band: (March 26-27 in Mitchell)

- Four separate bands of approximately 50 students each.
- Two bands rehearse and perform March 26
- Two bands rehearse and perform March 27
- Masks and bell covers required by all participants.
- Seating will be blocked off for social distancing.

All-State Jazz Band: (May 6-8 in Mitchell)

- Due to the small size of this event, this can be held with minimal changes and will include mitigation strategies.